

# Waterlines

The newsletter of the  
Sovereign Harbour Residents Association



Issue 30

[www.shra.co.uk](http://www.shra.co.uk)

November, 2007

## One Thousand!

When the current SHRA committee took office just two and a half years ago, we were all new members, and all had membership numbers around the 'fifties'.

At the beginning of the current membership year, we decided that we should order 1,000 membership cards, which we felt would be sufficient. Now, just over half way through the year, we have just signed up member number 999, and are about to run out of membership cards.

This isn't a problem as we can 'recycle' the membership numbers of those members who have left the harbour, or who decided not to renew their membership, for whatever reason.

What it does mean, however, is that if you have not yet renewed your membership for the current year, your membership number could be allocated to a new member.

Having reached this milestone, we decided that it should not go unmarked and felt that it would be appropriate that this number should be allocated to an honorary member, somebody who had supported the Sovereign Harbour community and the efforts of the SHRA.

We already have some ideas, but would appreciate your help in coming to a

decision.

Please let us have your nominations for this honorary membership, which we will publish in the December issue of Waterlines. The only restriction we will impose is that your nominee should not be involved in party politics of any colour.



Please send your nominations to:

Member 1,000  
Waterlines  
PO Box 124  
Eastbourne BN24 9AW

or e-mail [waterlines@shra.co.uk](mailto:waterlines@shra.co.uk)

It is the continued support of harbour residents that gives us the mandate to enter into discussions on your behalf. It is encouraging that, even though construction of residential properties is almost at an end, new members are still joining us. It won't be long, however, before the harbour population hits the peak.

If you would like to join us, or haven't yet renewed your membership for the current year, and don't want to lose your number, please be sure to fill in the form on the back page and get it back to us as soon as possible. Your continued support is vital.

## Medical Centre progress

Shortly after the October issue of Waterlines went to print, SHRA committee members were invited by Sovereign Ward's county councillor David Elkin to join him in a meeting with Councillor John Barnes, Chairman of the East Sussex Downs and Weald Primary Care Trust. Also present at the meeting, which took place at the proposed site for the Sovereign Harbour Medical Centre in Harbour Quay, were Graham Credland, who is responsible for the provision of facilities for the PCT and Sovereign Ward campaigner Tracy Moles.

The purpose of the meeting was to discuss progress in the provision of a much needed medical centre for the harbour. Councillor Barnes assured us that the Sovereign Harbour medical centre was the PCT's top priority, other than those medical centres that were currently planned or under construction, and was hopeful that firm plans would be in place by the end of the year with a planning application probable very early in the new year.

David Elkin said: "It was a very worthwhile and constructive meeting, and we all now have a much better understanding of the procedures and responsibilities and how the PCT is involved in the process. I am now very optimistic that the Sovereign Harbour medical centre will soon become more than just a concept."

It was confirmed that the area now occupied by the Carillion temporary offices is the preferred site for the project and that negotiations were in progress with Carillion for the purchase of the land. Considering that the land was said at the B&Q planning application to have 'negative value' we would presume that Carillion will donate it to the community. We can but hope.

## Why no evening buses?

A number of residents, especially from the South Harbour, have complained about changes to the Eastbourne Buses Winter Timetable.

Under the new timetable, South Harbour residents have been left with no service after 6:30pm, leaving many people feeling isolated and preventing them from visiting the town centre, unless they are able to afford to use taxis.

Eastbourne Buses say that the service has been withdrawn because of insufficient passenger numbers and the failure of East Sussex County Council to subsidise the service.

Considering that the Borough Council is so keen to get us to leave our cars at home and use public transport, this seems to be a very short-sighted approach.

Eastbourne Borough Council appoints four non-executive directors on the board of Eastbourne Buses to represent the interests of the town's residents.

If you feel that the harbour is not getting the services we need, please write to the Eastbourne Buses directors:

Councillor Thomson (Chairman)  
Councillor Goodyear  
Councillor Stanley  
Councillor Taylor

You might also like to include our ward councillors:

Councillor Bloom  
Councillor Morris  
Councillor Salisbury

and our county councillor  
Councillor Elkin

all at the same address:

Eastbourne Borough Council,  
Town Hall,  
Grove Road,  
Eastbourne,  
East Sussex BN21 4UG

If you prefer to use e-mail, you can find e-mail addresses for all of the above on the EBC website at:

[www.eastbourne.gov.uk/council/councillors](http://www.eastbourne.gov.uk/council/councillors)

The one piece of good news is that, at long last, it seems that progress is being made on the long promised bus link



# Pevensey Coastal Defence Ltd

Managing sea defences to protect and enhance the local environment

[www.pevensey-bay.co.uk](http://www.pevensey-bay.co.uk)

E-mail: [pcdl@pevensey-bay.co.uk](mailto:pcdl@pevensey-bay.co.uk)

Tel: 01323-761202

## Evolution of the Sussex Coastline

(By Ian Thomas, Project Manager, Pevensey Coastal Defence Ltd.)

In the first instalment of our review of the development of Pevensey Bay (July issue of Waterlines) we looked at the mechanisms involved in providing the material from which our sea defences are constructed. If rivers and eroding chalk cliffs alone could not provide sufficient shingle to form beaches and substantial ridge formations at the Crumbles and Dungeness, from where did the sediment originate?

The answer is offshore. 10,000 years ago, at the end of the last Ice Age, sea levels were some 40m lower than they are now. What is now sea bed was a massive river valley that would have been littered with large volumes of sand and gravel deposited by glacial runoff and other erosive processes. The Channel sea bed is still covered by sand and gravel, and offshore shingle banks at Hastings, Shoreham, Worthing and Littlehampton have long provided dredged aggregate sources for both the construction industry and beach replenishment schemes. Indeed all material brought to Pevensey during the last five years has come either from the Hasting Bank or the Owers field off Littlehampton.

As sea levels started to rise, sand and gravel was slowly transported shoreward by the advancing waters. Existing river valleys filled up with sand and it is believed that initially most beaches were also made of sand. This process only works when water levels remain relatively shallow. High energy storm waves gradually brought coarser shingle

to the shoreline in sufficient quantities to create substantial gravel structures. For instance, maps from 1610 show the coast at The Crumbles to be some 2km further seaward than it is today. Although Dungeness-like in appearance, its existence is thought to have been because there was a particularly high feed of shingle rather than it being a natural sediment trap as Dungeness appears to be.

Shingle continued to arrive on the shore in quantity until about 300 years ago. With sea levels continuing to rise, and all available material having been transferred to the coast, nearshore waters became so deep that the process could no longer continue. The lack of new shingle meant that longshore drift now became the dominant factor. This is when sediments are moved along the shore in the direction of prevailing wind and waves. In the case of Sussex this is west to east. Consequently structures built up over millennia began to erode as the drift rate exceeded what supply remained. It may be that chalk cliffs are now retreating faster than at any other time during this process because shingle that protected the base of the cliffs has been lost making them more vulnerable to erosion.

Urban expansion during the Industrial Revolution often took place on these eroding coastlines and gave rise to many of the coastal and sea defences we see today. Engineers have been battling to hold the sea at bay for centuries and doubtless will continue to do so for generations to come. The likelihood of success for these endeavours will be covered in the third part of the story.

## Social Clubs and Groups

For more information on any of these groups, call the number given, or visit the 'Social Activities' page of the SHRA website ([www.shra.co.uk](http://www.shra.co.uk)).

### **Sovereign Harbour Art Group**

The Sovereign Harbour Art Group meets on Thursday mornings from 10:00am to 1:00pm in the Hall of Christ The King Church (off the Langney roundabout).

The group also meets on Tuesdays from 5:00pm to 8:00pm at the Sovereign Harbour Yacht club.

Phone Angela on 07914-884378 or e-mail [acrylic.art@amservice.com](mailto:acrylic.art@amservice.com)

### **Sovereign Harbour Investors Club**

The Sovereign Harbour Investors Club meets once a month in the Harvester Lounge on the Sovereign Harvester Waterfront. Membership is limited to twenty members.

Dates of meetings will be posted on the SHRA website.

To join the club, e-mail [membership.inquiries@shicclub.co.uk](mailto:membership.inquiries@shicclub.co.uk) or visit their website: [www.shicclub.co.uk](http://www.shicclub.co.uk)

### **Sovereign Harbour Luncheon Club**

The Sovereign Harbour Luncheon Club meets every Wednesday starting at 12:30 at the Harvester on Sovereign Harbour Waterfront.

There is no annual or joining fee but an administration fee of 50p will be levied at each attendance.

Advanced booking is required, call Sam Sweiry on 01323-479111.

Each meeting will have a guest speaker. See the SHRA website for details.

### **Strollers and Toners**

The Strollers and Toners group meets on Mondays from 2:30 until 3:30 and Thursdays from 9:15 until 10:15 outside Fitness First in the Crumbles Retail Park.

The cost is £2.50 per session.

Everyone is welcome and the sessions usually run on afterwards with drinks

and a chat on the harbour.

### **Sovereign Harbour WI**

The Sovereign Harbour branch of the WI meets on the second Monday of the month at 2:00pm in the Sovereign Harbour Yacht Club.

If you are interested in taking part, please contact Mrs. Hyrapiet on: 01323-416263.

### **Vet's Football**

The Vet's football team meets on Sunday mornings for a 'kick about'. Players can be 32- 102!!! and the purpose of the team is to meet like minded lads who live on the harbour for exercise and a bit of fun (nothing too serious!!) All abilities and fitness levels welcome. Social events are held for players and partners and more are planned for the future.

For more information, contact Frank Milmoe on 07771-610158  
[frankmilmoe@btinternet.com](mailto:frankmilmoe@btinternet.com)

### **Sovereign Harbour Racing Club**

The Sovereign Harbour Racing Club meets on a number of occasions through the year for excursions to local racecourses.

For more information, or to join the club, contact Linus Gunning on 01323-470757.

### **Harbour Friends**

Harbour Friends is a social group for residents of Sovereign Harbour **ONLY**. The group meets on Sunday evenings from 7:15pm in the first floor bar in the Yacht Club.

New members are welcome on the LAST Sunday of the month.

More details can be found on their website: [www.harbourfriends.co.uk](http://www.harbourfriends.co.uk)

Call Bev on 479797, or e-mail Bev at



## *Sovereign Harbour Yacht Club*

**OPEN DAY, Saturday 24th November, 12.00 – 16.00**

**Look around the Clubhouse and Function Suite overlooking North harbour.**

**Talk to us about the joining the club or hiring the suite for your parties, weddings etc.**

### **Community Police Update** (by PC Ed Faulkner)

There are two things I wish to mention this month:

Firstly, I am currently looking at the licensed premises in the Waterfront and any issues that are coming from their customers.

Recently, although it is not in the harbour, the residents of Netherfield Avenue have complained about customers leaving the bars in the early hours causing noise and disturbance.

If you have had any problems from this area please let me know by e-mailing [ed.faulkner@sussex.pnn.police.uk](mailto:ed.faulkner@sussex.pnn.police.uk) or calling 0845 60 70 999 using extension 19768.

It is useful to have the businesses at the Waterfront, however when their customers who may be a bit worse for wear begin to disturb local residents, we need to start to tackle this.

Secondly, with Christmas fast approaching minds turn toward the task of Christmas shopping. At this time of year thefts from handbags and wallets rise. I appeal for everyone, whether in Eastbourne Town Centre or at the Crumbles, to make sure that their cash and credit cards are put in a secure location after leaving the tills to make sure you are not targeted; for example in a side pocket of a handbag with a zip on or in a wallet put in an inside jacket pocket.

Thieves use every opportunity they can to take from innocent shoppers, and if we are all mindful of this then hopefully we can spoil their Christmas.

### **Smugglers Unplugged Music Night** (by Mike Bostock)

The inaugural evening of unplugged music was held at the Smugglers on 23rd October and was a great success. Lots of familiar Sovereign Harbour faces turned out to provide their support for a number of local musical talents. In addition to acoustic acts which have played regularly at the Thursday night open mic nights at the Smugglers, the evening was topped off when Chloe Du Pre (photograph on website), local singer tipped 'most likely to succeed' (and rumoured to be about to sign to an international agency) joined up with Gary, half of local duo Stray Dogs to perform some great numbers to send the fans home very happy.

Planning for the next night on 27th November is already well underway and the featured guest has already been booked. He is Gavin Brown a superb guitarist and singer. His influences are Free, John Martyn, John Lee Hooker, Muddy Waters, Howlin Wolf, Cream and Jimmy Hendrix. Not a bad line up for free!

We hope to see more of you there on the night and extend a warm welcome. We start at 8.00 and finish at 10.30.

If you would like to take part please speak to either Paul or Mike on the night or call Mike Bostock on 01323 472604.

### **December members' drop in**

Members of the SHRA committee will be available to discuss your issues, or just have a chat, at Simply Italian on the Waterfront on Saturday 1st December. from 10:30am to 11:30am.

## **Turns Out You Have Better Things to do with Your Time!**

*by Dr Rob Endicott BDS.*

### **QuaySide Dental Practice, Sovereign Harbour - 01323 472772**

Technology today is changing our everyday lives. Many people, however, aren't aware that technology also is impacting dentistry in new and exciting ways. Cutting-edge innovations in dental instruments are requiring less time in the dental chair, causing less discomfort and creating satisfying results. One breakthrough instrument, called CEREC®, allows dentists to quickly restore damaged teeth with natural-colored ceramic fillings, saving patients time and inconvenience.

#### **What is CEREC®?**

CEREC® is an acronym for **C**hairside **E**conomical **R**estoration of **E**sthetic **C**eramics. Translated, it means that a dentist can restore damaged teeth in a single appointment using a high-quality ceramic material that matches the natural color of other teeth.

#### **How does the instrument work?**

CEREC® uses CAD/CAM (Computer Aided Design/Computer Aided Manufacturing) technology, incorporating a camera, computer and milling machine in one instrument. The dentist uses a special camera to take an accurate picture of the damaged tooth. This optical impression is transferred and displayed on a color computer screen, where the dentist uses CAD technology to design the restoration. Then CAM takes over and automatically creates the restoration while the patient waits. Finally, the dentist bonds the new restoration to the surface of the old tooth. The whole process takes about one hour.

#### **What does this innovation mean for a patient?**

A tooth-colored restoration means no more silver fillings discoloring smiles. The filling is natural-looking, compatible with tissue in the mouth, anti-abrasive and plaque-resistant. Dentists no longer need to create temporaries or take impressions and send them to a lab. Because of this, the traditional second visit has been eliminated. The CEREC® has over two decades of clinical research and documentation to support the technology. The restorations have been proven precise, safe and effective.

### **Useful Christmas stocking filler**

If you are looking for a good stocking filler, or perhaps a little treat for yourself, we have a limited number of signed copies of the very informative book, 'The Crumbles Story' by local author Ann Botha.

If you are interested in the history of the land on which the Sovereign Harbour Marina Village was built, this book is for you, and at just £7.99, it won't break the bank. An added bonus is that Ann has generously donated 30% of the money raised to a charity of the SHRA's choice.

To order a copy, send your cheque for £7.99, payable to SHRA, with your name and address to:

The Crumbles Story  
SHRA  
PO Box 124  
Eastbourne  
East Sussex BN24 9AW

We will deliver the book to your door.

### **Free winter health check for your car**

Sterling Automotive Ltd, located in Hammonds Drive close to Tesco, are offering harbour residents free winter health checks for their cars. They are also offering to replenish the antifreeze in your car's cooling system for £24.99.

Sterling, who are MG/Rover specialists, also offer lubrication and full service packages for all makes of car at competitive prices, with a collect and return service from the harbour.

To take advantage of this offer, or for more information, please call Sterling on 01323-438754.

### **Opposition to a Parish Council**

We have received a letter from a harbour resident expressing his opposition to the creation of a Parish Council for Sovereign harbour, and putting forward his arguments to support that view.

Whilst this letter was too long to publish

# Temple Bird

Solicitors

27/28, The Waterfront, Sovereign Harbour,  
Eastbourne, East Sussex, BN23 5UZ

Tel: 01323 479888 Fax 479999 E-mail: [info@templebirdlaw.co.uk](mailto:info@templebirdlaw.co.uk)

in Waterlines, it has been published on the letters page of the SHRA website at [www.shra.co.uk](http://www.shra.co.uk).

We are always happy to receive news and views from any SHRA member on this or any other subject, and all correspondence will be published on the website in full.



## **March and rally in support of the 'Save the DGH' campaign**

There will be a march and rally in support of the 'Save the Eastbourne DGH' campaign on Saturday 17th November. Hopefully many of you will have received your Waterlines by then.

If you would like to take part, you should assemble by the pier at 10:30am; the march will start at 11:00am.

The procession will go through the Terminus Road pedestrian area and then on to the Town Hall where the rally will be held.

This will be the last opportunity to show your support before the PCT makes its decision.

## **Older residents forum**

At the meeting of the Sovereign Harbour luncheon club on Wednesday 21st November, starting at 12:30 at

the Harvester on the Waterfront, guest speakers Vicky Smith and Terri Ferrari will discuss the role of the 'Older People's Forum' in East Sussex.

Vicky Smith is a Senior County Council Officer responsible for the Older Residents Forums Project and Terri Ferrari is the project manager for the Eastbourne Seniors Forum.

One of the key steps will be to develop a joined up approach between the Council and partner organisations to ensure co-ordinated action on the issues that affect older people.

East Sussex County Council Cabinet last month approved a strategy to increase older people's involvement in the improvement of public services across the board, from adult social care to transport, leisure and lifelong learning.

Vicky Smith said in a recent interview: "We highly value the contribution of older people and we want to make sure that their views and experiences are taken into account."

Councillor Bill Bentley, the lead member for Adult Social Care added: "This is an important part of our work to involve people more closely in the planning, delivery and improvement of services that East Sussex County Council provide."

For more information on the Sovereign Harbour Luncheon Club, see the 'Social Clubs and Groups' page of this issue of Waterlines.

For more information on the Older People's Forum, visit the ESCC website at <http://www.eastsussex.gov.uk/community/over50s/haveyoursay/>

