

## THE HARBOUR W.I.

The first two month's meetings of the Harbour WI for new President Sandie Goman had ups and downs. A definite 'up' was the Marshdown Group meeting at St Mary's church in Hampden Park for a lovely Carol Service [with a choir!] on the 5<sup>th</sup> December with coffee and mince pies to follow!

Sadly the December 11<sup>th</sup> meeting started with a minute's silence to remember Ann Holden who was an active member for many years and also joined in with the Craft and Lunch Clubs. A collection was held for a donation in her memory to St. Wilfred's Hospice.

The speaker for the afternoon was 'Dr' Mick Lynn who gave the members a talk on the 'Traditions of Christmas – past and present' and accompanied some unusual carols with his accordion. The Catering Committee supplied a delicious Christmas Tea!

Christmas Lunch at the Hydro was as good as last year. The food was good; the staff excellent and the general atmosphere was festive and fun. [Maybe again next year?]

Unfortunately, President Sandie's second meeting on January 8<sup>th</sup> started with the sad announcement of the death of Committee member and former Treasurer Christine Bateman and members stood in silent memory of Christine; a very popular and much loved member.

Helen Prosper was the afternoon speaker. She talked about Healthy Living and how to "Eat Your Way to a New and Healthy You"! Helen spoke about the effect food has on people's bodies, moods, behaviour and even their brain power! All the members left with the good intentions of eating and drinking more healthily!?!

Sandie has suggested cake instead of biscuits with the tea at meetings, so in the break members enjoyed a variety of very nice cakes made by volunteer members.

The newly reformed Craft Club are meeting in St Barnabus Church hall at 2pm on the 15<sup>th</sup> of January and the 4<sup>th</sup> Monday Club meet the following Monday in Simply Italian at 2pm for a cup of coffee and a chat.

January's Lunch Club is going to Pablos on the 30<sup>th</sup> January, and the February lunch is at the Pilot in the Meads on the 28<sup>th</sup> February.

Seats are being booked for 'Thoroughly Modern Millie' in April at the Devonshire Park Theatre.

The February 12<sup>th</sup> Meeting will be held in the Sovereign Suite of the Sovereign Harbour Yacht Club at 2pm, when the speaker will be Trevor Weeks from the Wildlife Rescue Ambulance Service [WRAS]

The Harbour WI membership has reached a maximum for the premises where it is held but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649. Information is also available on our website.

[www.shra.co.uk/wi](http://www.shra.co.uk/wi)